

# breathe.

## TALKING POINTS Receiving God's Love

### Leaning In and Living It Out

**Read Ecclesiastes 12:7, 1 John 4:9-10, Matthew 22:35-40**

*Just as we breathe in - we inhale - and we exhale, so our relationship with Christ should be the same. As Jesus pours into our lives, there should be things we in turn put out into the world which reflect what God has "breathed" into us.*

What has God "breathed" into you?

*God loves us because of who He IS - not because of who we are or what we've done. God's love for us isn't based on our accomplishments - it's based on His perfection, grace and mercy.*

Do you ever wonder why God loves you?

*The truth is, we are worth God's Son to God. We need to receive this incredible love which God has for us, and in turn, love God with all our heart. There should be nothing above God in our lives.*

Where does your self-worth come from?

*We should love God with all our souls. Our souls should desire God more than anything in the world.*

How do we go about desiring God more than anything in the world?

*Finally, we should love God with all our strength. We need to love God regardless of the circumstance we're going through. As we return this love to God, we begin to practice the spiritual disciplines - prayer, reading God's Word, serving Him and loving and serving others like the lost and broken.*

How do spiritual disciplines strengthen us and our love for God?

### Dig Deeper (Optional)

How do you continue to love even when we are disillusioned? Discuss.