

# PSALMS

## TALKING POINTS

### Psalm 1 - Blessed

"The meat of the Word isn't knowledge. It isn't information. It's application. I would rather know 4 or 5 basic Truths of the Bible and really live those out than to know 1000s of things and apply nothing." -Pastor Dan

### Leaning In and Living It Out

#### **Read Psalm 1**

*To be blessed is to be marked by God's favor, resulting in spiritual joy.*  
How do you know you have God's favor? Discuss.

*Blessed people have the right influences - focusing on the things of God, rather than the prevailing worldly system and icons.*  
What worldly influencers would you be better off distancing from? Discuss.

*Blessed people abide in the Lord - they pursue Him and delight in His word. The result of this pursuit produces stability, fruitfulness, longevity and prosperity in our lives.*  
How do you delight in God's word in the day-to-day? Discuss.

*Blessed people have great value to God - not that they're perfect, but God is present in the midst of their imperfection.*  
Do you see yourself as having great value to God? Discuss.

*Blessed people can stand in confidence before the judgment of God.*  
How do you know you can come before God with confidence? Discuss.

*Blessed people have intimacy and protection with God.*  
What is the difference between knowing about God, and having intimacy with Him? Discuss.

### Dig Deeper (Optional)

The Psalm says, "But his delight is in the law of the LORD, and in His law he meditates day and night." What is Christian meditation? Discuss.