

# PSALMS

## TALKING POINTS

### Psalm 1 - Blessed

“The meat of the Word isn’t knowledge. It isn’t information. It’s application. I would rather know 4 or 5 basic Truths of the Bible and really live those out than to know 1000s of things and apply nothing.” -Pastor Dan

### Leaning In and Living It Out

#### **Read Psalm 1**

*To be blessed is to be marked by God's favor, resulting in spiritual joy.*  
How do you react to disappointment in your life? Discuss.

*Blessed people have the right influences - focusing on the things of God, rather than the prevailing worldly ones.*  
Why do unrealistic expectations produce such grief? Discuss.

*Blessed people abide in the Lord - they pursue Him and delight in His word. The result of this pursuit produces stability, fruitfulness, longevity and prosperity in our lives.*  
How do you deal with the rejection of Jesus from those around you? Discuss.

*Blessed people have great value to God - not that they're perfect, but God is present in the midst of their imperfection.*  
Do you treat time as something of incredible value? Discuss.

*Moses looked to God for compassion, knowing His heart is moved by those in suffering.*  
How do you let God’s compassion become your comfort? Discuss.

*Moses also looked to God for His favor and purpose in their lives so they could succeed.*  
How do you connect with the purpose God has for your life? Discuss.

### Dig Deeper (Optional)

Many commentators believe Moses wrote this Psalm after the events of Numbers chapter 20. What did Moses do which ultimately caused him such grief? Discuss.