

PSALMS

TALKING POINTS

Psalm 90 - A Survival Guide

“The meat of the Word isn’t knowledge. It isn’t information. It’s application. I would rather know 4 or 5 basic Truths of the Bible and really live those out than to know 1000s of things and apply nothing.” -Pastor Dan

Leaning In and Living It Out

Read Psalm 90

Moses wrote this Psalm in reaction to failure and disappointment in his life.
How do you react to disappointment in your life? Discuss.

We deal with crises in life by “setting our bearings” - remembering God is our source of life, yet God never meant this life to be our ultimate fulfillment.
Why do unrealistic expectations produce such grief? Discuss.

Moses also recognized we need to look at each day of life as a gift, we need to be teachable and we need to seek God.
How do you deal with the rejection of Jesus from those around you? Discuss.

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Do you treat time as something of incredible value? Discuss.

Moses looked to God for compassion, knowing His heart is moved by those in suffering.
How do you let God’s compassion become your comfort? Discuss.

Moses also looked to God for His favor and purpose in their lives so they could succeed.
How do you connect with the purpose God has for your life? Discuss.

Dig Deeper (Optional)

Many commentators believe Moses wrote this Psalm after the events of Numbers chapter 20. What did Moses do which ultimately caused him such grief? Discuss.