

TALKING POINTS

LIES WE BELIEVE - THE UNSPOKEN SIN

LEARNING IN

Another lie we often believe is our sexual choices aren't hurting anyone. Our culture is particularly broken in this area. Knowing God's will about sex can save us an incredible amount of heartache in our own lives and the lives of others.

There are four lies we believe about sexuality - we believe it is for recreational activity only, or it is an isolated event meant to meet our needs alone, or it is just physical, or we believe as long as we're committed to each other, it's ok.

So, where does God fit into our views on sexuality? God intended sex to not just be a physical act, but a spiritual one. Sexual sin is the only sin where you sin against your own body as well as others. With sexual sin, a hardening of our heart occurs which builds a wall between us and God. Our obligation as believers is to honor God with our bodies.

Read Hebrews 13:4, 1 Corinthians 6:18-20

How does the world's view of sexuality reflect its view of truth?

LIVING IT OUT

Since we live in a sexually broken world, how do we live for God in the midst of it? Here are four actions we can take to align our sexuality to God's plan:

Make A Commitment Towards God - we can't live according to God's word if we don't even know it. We have to put the word of God in front of us every day to direct us in all facets of our lives.

Read Psalm 119:9

How can you better commit to God the parts of your life you know you're holding back?

Manage Your Mind - all sin begins in the mind. We need to practice the presence of God by focusing in particular on our love for God and His love for us. God protects our heart when we focus on Him.

Read Romans 8:5

What helps you focus more on God when you sense you might go off the rails?

Seek To Be Healthy - we need to have a healthy mindset. God's plan for us in relationships and marriage strengthens and heals us when we seek Him and follow his design for our lives.

Read Proverbs 3:7-8

How can God's plan for your relationships can make you more healthy if you apply it?

Magnify God In Your Body - God wants purity for us, because as children of God, this is what's best for us. if you really understand who you are because of Jesus, you'll find true freedom once you begin to live out this identity as a child of God.

Read 2 Corinthians 7:1, 1 Corinthians 6:19-20

What does magnifying God with your body look like in the day-to-day world?